



THE LIFTERS

(A Newsletter of The Pebnic Group)

Editor's Note

Welcome to another edition of The Lifters.

This month's Career Talk reminds us that good manners are not just about being polite—they are an essential part of professionalism and good business.

As we go about our daily responsibilities, let us remember that leadership and professionalism are reflected not only in what we do, but also in how we treat others.

In this edition, we capture some of the memorable pictures from our company wide HEALTH & SAFETY seminar of July 30 2026 on SUDDEN CARDIAC ARREST. Our guest speaker was Dr. Ajibare, Consultant Physician and Cardiologist.

We also celebrate our colleagues marking their birthdays for the month of September and October. We wish them happiness, success, and many more fulfilling years ahead.

Thank you for being part of The Lifters. We hope you enjoy this edition and continue to make courtesy, respect, and professionalism part of our everyday culture. Happy Reading!

Editor, The Lifters
Peace Nwoke

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Career Talk Today

Please, Be Polite with Everyone

Use good manners, all the time, with everyone. Be gracious. Never pull rank. Never wear your boss's stripes. Don't smoke in someone else's office or car. Don't smoke at meetings or meals. Don't put your briefcase on a conference table. Treat your office, everyone else's office, salespeople's cars, and all company belongings as if they were yours.

Always be on time for appointments. Don't let salespeople or visitors wait in the lobby. Don't keep people holding on the phone. Be conscious of other people's time... don't waste it. Particularly don't waste your subordinates' time. Courtesy is good business.

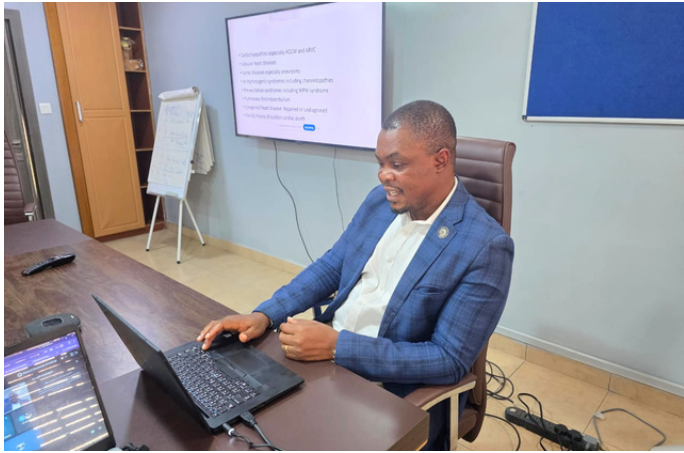
Always introduce yourself, your spouse, and everyone else clearly and slowly. Always introduce your subordinates to the senior people in your organization.

Always say "please" and "thank you."

Excerpt from Jeffery Fox's **How to Become CEO**

NEWS IN PICTURES

Capturing memorable moments from our Health and Safety seminar held on July 30, 2026. The session provided an opportunity for employees to learn, engage, and gain valuable insights.



SEPTEMBER & OCTOBER, 2026 BIRTHDAY CELEBRATION

SEPTEMBER

September 2

- Adisa O. Stephen - Head Office
- Odubanjo O. Oluwatoyin - GZEP

September 5

- Dosunmu D. Eniola - Head Office

September 18

- Abolarinde D. Patricia - Head Office

September 19

- Laoye T. Sherifat - Head Office

September 21

- Patrick, Emmanuel - NB Kudenda
- Omitade S. Oluyinka - Head Office

September 23

- Odunaro B. Babajide - Head Office

September 25

- Odubunmi Y. Gbenga - NBC Ikeja

September 27

- Amos V. Alexander - Unilever
- Oyelaja O. Segun - Head Office

September 28

- Toriola, Damilola - Head Office
- Omogo O. Mercy - NB Kudenda

OCTOBER

October 1

- Adebisi E. Funmilayo - GZEP
- Edilagbonya O. Rosemary - Guinness Benin
- Okoro E. Clement - PVL
- Williams A. Grace - PVL

October 6

- Okaku, Promise - NBC PH

October 7

- Soyoye O. Olajumoke - PVL
- Kolawole O. Adesina - NBC Benin

October 10

- Yusuf M. Mashood - NBC Kano

October 11

- Bambe M. Charles - Head Office

October 13

- Akenzua E. Ephraim - NBC Benin

October 14

- Sofolawe D. Emmanuel - Head Office

October 24

- Adekunle Q. Adeleke - Chi Limited
- Babalola G. Akeem - NBC Ikeja

October 28

- Oluwole T. Isaac - Head Office

Happy Birthday!